

#TAITAKEOVER

RULES & REGULATIONS

I HEREBY UNDERSTAND THAT EACH TIME "TAI" IS MENTIONED THROUGHOUT THIS CONTRACT IT IS MEANT TO BE ALL INCLUSIVE OF TAI CHEER, INDIANA ALLSTAR CHEERBOOSTERS CLUB, AND ALL OFFICERS, AGENTS, AND EMPLOYEES.

GENERAL

1. ONLY REGISTERED ATHLETES ARE ALLOWED IN THE PRACTICE AREA.
2. SIBLINGS, FAMILY MEMBERS, FRIENDS, ETC. ARE NOT ALLOWED IN THE PRACTICE AREA.
3. ALL SPECTATORS MUST REMAIN IN THE DESIGNATED AREA AND KEEP THE NOISE LEVEL DOWN AT ALL TIMES.
4. ANY PERSON THAT DISRUPTS A PRACTICE WILL BE ASKED TO LEAVE THE GYM IMMEDIATELY.
5. NO FOOD, DRINKS, OR GUM ARE PERMITTED IN THE PRACTICE AREA OR ON THE MAT.
6. ALL TRASH MUST BE DISPOSED IN THE APPROPRIATE TRASH RECEPTACLES.
7. CELL PHONES MUST BE PUT ON SILENT MODE AND LEFT OUTSIDE OF THE PRACTICE AREA.
8. TAI IS NOT RESPONSIBLE FOR ANY PERSONAL ITEMS LOST OR STOLEN.
9. ALL ATHLETES AND PARENTS MUST CHECK TAI WEBSITE, TAI FACEBOOK, TAI TEXTS AND EMAILS DAILY FOR ANY AND ALL UPDATES. THERE ARE NO EXCUSES FOR BEING UNINFORMED OR IRRESPONSIBLE WHEN THE INFORMATION HAS BEEN PROVIDED.
10. ALL COMPLETED FORMS OR INFORMATION NEEDED BY TAI MUST BE DOWNLOADED AND TURNED IN TO THE TAI OFFICE AS REQUESTED BY THE DUE DATE PROVIDED.
11. THE TAI NAME CANNOT BE WORN OR SOLD WITHOUT APPROVAL.
12. ALL CHOREOGRAPHY INCLUDING CHEERS, DANCES, STUNTS, TRANSITIONS, TUMBLING, MUSIC SELECTIONS, EDITING, ECT. ARE THE EXCLUSIVE PROPERTY OF TAI AND SHALL NOT BE SHOWN OR DISCUSSED WITH OTHERS. NO VIDEOS OF ROUTINES/CHOREOGRAPHY SHOULD BE UPLOADED TO ANY ONLINE SITE SUCH AS YOUTUBE OR FACEBOOK!

TEAMS

TAI RETAINS THE RIGHT TO:

1. PLACE ITS ATHLETES ON THE TEAM(S) IT FEELS WILL BEST SUIT THE ATHLETES AND THE PROGRAM.
2. DECIDE IF AN ATHLETE MAY PARTICIPATE ON MORE THAN ONE TEAM.
3. DECIDE THE ROLES AND/OR POSITIONS AN ATHLETE WILL HAVE/PLAY ON THEIR TEAM(S).
4. REQUEST THAT AN ATHLETE/TEAM TAKE ADDITIONAL CLASSES OR CAMPS TO IMPROVE THEIR SKILLS.
5. REQUEST THAT AN ATHLETE/TEAM PRACTICE LONGER THAN THEIR REGULARLY SCHEDULED TIME OR ADD ADDITIONAL PRACTICES, CAMPS, OR COMPETITIONS IF DEEMED NECESSARY.
6. MOVE, REPLACE, ADD, SUSPEND, OR EVEN DISMISS AN ATHLETE FOR A PERIOD OF TIME OR INDEFINITELY FROM A TEAM OR THE ENTIRE PROGRAM BASED ON CRITERIA INCLUDING BUT NOT LIMITED TO:
 - A. ATTENDANCE, CONDUCT, SKILLS, FINANCES, PARENT CONFLICTS, ETC.
7. TO CLOSE PRACTICES AT ANY TIME FOR ANY REASON.

ATHLETES

THAT ELECT TO PARTICIPATE ON MORE THAN ONE TAI TEAM MUST:

1. BE IN GOOD FINANCIAL STANDING.
2. BE WILLING AND ABLE TO FUFILL ALL THE RESPONSIBILITIES REQUIRED BY EACH TEAM.
3. BE RESPONSIBLE FOR ANY ADDITIONAL ENTRY FEES THEY INCUR BEYOND THEIR FIRST TEAM.

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RULES & REGULATIONS

ATTENDANCE

ALL ATHLETES MUST:

1. MAKE TAI A PRIORITY OVER ANY OTHER EXTRACURRICULAR ACTIVITIES
2. ATTEND AND BE PREPARED TO PARTICIPATE IN ALL TAI ACTIVITIES INCLUDING THOSE UNEXPECTEDLY ADDED THROUGHOUT THE SEASON REGARDLESS OF ILLNESS OR INJURY UNLESS OTHERWISE RECOMMENDED BY A DOCTOR THROUGH VALID WRITTEN DOCUMENTATION.
3. NOTIFY TAI IMMEDIATELY WHEN AN INJURY OCCURS SO CHANGES TO ROUTINE CHOREOGRAPHY CAN BE MADE PRIOR TO PRACTICE.
4. ARRIVE AT LEAST 15 MINUTES EARLY TO ALL TAI ACTIVITIES.
5. SCHEDULE ALL VACATIONS SO AS NOT TO INTERFERE WITH ANY TAI ACTIVITIES.
6. NOTIFY TAI IN WRITING IMMEDIATELY OF ALL EXPECTED TARDINESS OR ABSENCES.
7. NOTIFY TAI BY PHONE IMMEDIATELY OF ANY UNEXPECTED TARDINESS OR ABSENCES.
8. AN ABSENCE FORM MUST BE COMPLETED EVERY TIME AN ATHLETE IS NOT IN ATTENDANCE OF A TAI ACTIVITY INCLUDING BUT NOT LIMITED TO, PRACTICE, CLINICS, TUMBLING, TECHNIQUE CLASSES, ETC. A DOCTORS NOTE MUST BE ATTACHED AT THE TIME OF SUBMISSION
9. ABSENCE FORMS MUST BE SUBMITTED AT LEAST TWO WEEKS PRIOR TO A KNOWN ABSENCE.
10. IF AN ATHLETE ACQUIRES MORE THAN 2 UNEXCUSED ABSENCES, THE GYM WILL HAVE TWO OPTIONS:
 - A. \$100 FINE FOR EVERY MISSED PRACTICE AFTER - INCLUDING EXCUSED ABSENCE.
 - B. THE ATHLETE WILL BE REMOVED FROM THE PROGRAM WITH NO REFUNDS AND YOUR CHEER ACCOUNT MUST BE PAID IN FULL.
 - C. NO FAMILY CAN PAY OVER \$300 IN ABSENCE FEES - ONCE THE THIRD UNEXCUSED ABSENCE OCCURS YOU WILL BE REMOVED FROM THE PROGRAM.
11. IF YOU ARE REMOVED FROM TAI OR DECIDE TO LEAVE OUR PROGRAM, YOU MUST PAY YOUR CHEER ACCOUNT IN FULL AS WELL AS ANY OUTSTANDING BALANCES.

DRESS CODE

When training, competing, or representing TAI, all athletes must:

1. MAINTAIN A WELL-GROOMED APPEARANCE AND GOOD PERSONAL HYGIENE.
2. WEAR THEIR DESIGNATED ATTIRE, SOCKS, AND SHOES. - WHEN NOT PERFORMING AND IN TAI UNIFORM ATHLETES MUST WEAR CONVERSE, BEARPAW, OR UGGS.
3. KEEP HAIR OUT OF THE FACE (IF POSSIBLE IN A HIGH PONYTAIL) AND WEAR A BOW AT ALL TIMES - UNLESS OTHERWISE INSTRUCTED.
4. KEEP NAILS SHORTER THAN FINGERTIPS.
5. REMOVE ALL JEWELRY (EXCEPT APPROVED MEDICAL ID TAGS).
6. COVER TATTOOS AND MAY NOT WEAR INAPPROPRIATELY DYED OR CUT HAIRSTYLES.
7. WEAR CLOSED-TOE SHOES (SANDALS, FLIP-FLOPS, AND OTHER OPEN-TOED SHOES ARE NOT ALLOWED).
8. IMMEDIATELY REPURCHASE ALL LOST OR NOTICEABLE DAMAGED ARTICLES AND WEAR A MATCHING SUBSTITUTE UNTIL ITEM IS REPLACED.

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DRESS CODE CONT.

1. BE DRESSED AS SPECIFIED BELOW BY EACH TEAM'S SCHEDULED MEETING TIME UNLESS OTHERWISE INSTRUCTED BY THEIR COACH.
2. HAVE HAIR AND MAKEUP COMPLETED AS PER COACH'S REQUEST BY EACH TEAMS SCHEDULED MEETING TIME
3. WEAR A COVER UP AT ALL TIMES UNLESS HEADING TO/FROM OR AT A TEAM WARM-UP, PERFORMANCE, OR AWARDS.
4. REMOVE ALL JEWELRY (EXCEPT APPROVED MEDICAL ID TAGS) AND COLORED NAIL POLISH.
5. REMOVE AND PUT AWAY ALL NON-UNIFORM ITEMS SUCH AS CELL PHONES, HEADPHONES, & IPODS.
6. PUT ON AND SUPPLY BRACES OR TAPE NEEDED TO PERFORM PRIOR TO GOING BACK TO WARM-UPS.
7. BE IN FULL COMPETITION UNIFORM AND MAY NOT WEAR BACKPACKS, WARM-UPS, OR ANY OTHER ITEMS DURING ANY AWAY CEREMONIES.

SPORTSMANSHIP/CONDUCT

All athletes AND parents must always:

1. SET A POSITIVE EXAMPLE FOR OTHERS TO FOLLOW AT ALL TIMES.
2. BE RESPECTFUL AND COURTEOUS TO EVERYONE.
3. SCHEDULE AN APPOINTMENT TO SPEAK WITH A COACH OR STAFF MEMBER TO DISCUSS ANY ISSUES THAT MAY ARISE.
4. REFRAIN FROM GOSSIPING (INCLUDING SOCIAL MEDIA) OR ANY FORM OF VERBAL OR PHYSICAL CONFRONTATION BOTH AT THE GYM AND IN YOUR EVERYDAY LIFE. IT IS MUCH BETTER FOR COACHES, ATHLETES, AND PARENTS TO ADDRESS A PROBLEM RATHER THAN LISTEN TO OR ENGAGE IN GOSSIP.
 - A. POSTING ON SOCIAL MEDIA ABOUT TAI, OTHER CHEER GYMS, EVENTS, EVENT PRODUCERS, OR ANY INDIVIDUAL CAN RESULT IN REMOVAL OF THE ATHLETE FROM TAI WITH REFUND OF ANY COSTS - CHEER ACCT AND OUTSTANDING BALANCES MUST BE PAID IN FULL.
 - B. PLEASE ADDRESS ALL PROBLEMS, ISSUES, OR COMMENTS IN A NON-CONFRONTATIONAL MANNER IN THE HOPES OF A PEACEFUL SOLUTION.
5. PARENTS AND SPECTATORS MUST REFRAIN FROM ANY TYPE OF NOISE DISRUPTION TOWARDS ATHLETES AND COACHES DURING PRACTICE.
6. NO PROFANITY OR ABUSIVE LANGUAGE. WE ARE A "G" RATED GYM. KEEP IT FAMILY-FRIENDLY AT ALL TIMES
7. REFRAIN FROM CELEBRATING THE MISFORTUNE OR DEFEAT OF ANOTHER PERSON, TEAM, OR PROGRAM.
8. ACCEPT TEAM PLACEMENTS AND AWARDS WITH DIGNITY AND CLASS.
9. GOOD SPORTSMANSHIP CONDUCT IS ENCOURAGED AND DEMANDED BY ALL FAMILY MEMBERS AND FRIENDS AT ALL TIMES.

HEALTH/INJURIES

all athletes must:

1. PROVIDE TAI WITH CURRENT HEALTH INSURANCE AND EMERGENCY CONTACT INFORMATION.
2. INFORM TAI OF ALL MEDICAL CONDITIONS THAT MAY LIMIT OR PREVENT THEIR ABILITY TO PARTICIPATE IN ANY TAI ACTIVITIES.
3. NOTIFY TAI OF ANY INJURIES SUSTAINED AS A RESULT OF THEIR PARTICIPATION IN A SANCTIONED TAI ACTIVITIES
4. NOTIFY TAI OF ANY INJURIES SUSTAINED AS A RESULT OF THEIR PARTICIPATION IN ANY UNSANCTIONED TAI ACTIVITIES.
5. PROVIDE VALID WRITTEN DOCUMENTATION FROM A DOCTOR EXPLAINING THE REASON(S) AND THE DURATION FOR WHICH YOUR CHILD MAY BE LIMITED OR UNABLE TO PARTICIPATE IN ANY TAI ACTIVITIES.
6. PROVIDE TAI WITH A LIST OF ANY MEDICATIONS THAT THEY ARE CURRENTLY TAKING.
7. REFRAIN FROM ILLEGAL USE OF DRUGS, ALCOHOL, TOBACCO OR ANY OTHER SUBSTANCES.
8. PARTICIPATE IN ANY DRUG OR HEALTH RELATED TESTING, COUNSELING, OR REHABILITATION IF ASKED TO DO SO.